

Date: 4/29/25

<b>MECHANICAL SOFT GRADES K – 12 LAUSD BREAKFAST, LUNCH, SUPPER MENU</b> <b>AUGUST 25 – 29, 2025</b>					
WEEK 2	MONDAY 8/25	TUESDAY 8/26	WEDNESDAY 8/27	THURSDAY 8/28	FRIDAY 8/29 <b>HOLIDAY</b>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
<b>Entrée</b>	Cinnamon Pan Dulce <b>V</b> (R2252)	Morning Beef Sausage Sandwich (R0108N)	Fiesta Bean & Cheese Burrito <b>V</b> (R1099)	Blueberry Oat Bar <b>V</b> (R2284-DW, R2283-CB)	
<b>Fruit (½ c)</b>	Applesauce (R3038)	Peachy Peaches (R3292)	Applesauce (R3038)	Banana (CMS #3204)	
<b>Fruit Juice (½ c, 4 oz.)</b>	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	
<b>Milk, 8 oz.</b>	Milk	Milk	Milk	Milk	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
<b>Entrée</b>	Pepperoni Pizza Wedge (R0730) <b>OR</b> Schwan's Cheese Pizza Wedge (R1063)	Chicken Alfredo Pasta (R5734)	Arroz con Pollo (R5783)	Mac N Cheese <b>V</b> (R5653)	
<b>Vegetable (½ c)</b>	Cooked Baby Carrots (R4374)	Creamy Mashed Potato (R4515)	Cooked Baby Carrots (R4374)	Cooked Broccoli Florets (R4278)	
<b>Vegetable (½ c)</b>	Berry Berry Blue Slush (CMS #2827)	<i>Vegetable Included in Entree</i>	Fiesta Pinto Beans (R1912)	Orange Medley Juice (CMS #1308)	
<b>Fruit (½ c)</b>	Perfect Pears (R3163)	Chilled Applesauce (R3038)	Perfect Pears (R3163)	Peachy Peaches (R3292)	
<b>Fruit Juice (½ c, 4 oz.)</b>	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	
<b>Milk, 8 oz.</b>	Milk	Milk	Milk	Milk	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	
<b>Entrée</b>	Longboard Pizza (Chicken & Jalapeno) (R1156)	Cheesy Pillows <b>V</b> (R1119)	Chicken Parmesan Wrap (R5751-DW, R5752-CB)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159)	

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<b>Vegetable</b>	Cherry Smooth Cup (CMS #2364)	Berry Berry Blue Slush (CMS #2827)	Cooked Broccoli Florets (R4278)	Paradise Punch Vegetable Juice (CMS #1681)	
<b>Fruit</b>	Peachy Peaches (R3292)	Perfect Pears (R3163)	Applesauce (R3038)	Perfect Pears (R3163)	
<b>Milk, 8 oz.</b>	Milk	Milk	Milk	Milk	
<b>CONDIMENTS</b> <b>B=Breakfast</b> <b>L=Lunch</b> <b>S=Supper</b>	<b>S:</b> Ketchup, Mustard, Mayo		<b>B,L:</b> Taco Sauce or Tapatio	<b>S:</b> Taco Sauce	

**All the Grain/Bread items served are whole grain rich.**

**Milk** (Must serve two choices from the following five (5) options – 1. Fat-Free Milk, 2. Low-Fat Milk, 3. Fat-Free Lactose Free Milk, 4. Fat-Free Chocolate Milk, 5. Fat-Free Strawberry) **NOTE:** Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1<sup>st</sup> grade and above.

**Breakfast:** Based on your students' preferences, Deluxe Cereal or 4 oz. Yogurt & Crackers (R5617-DW/ R5618-CB) can be served in place of any breakfast option.

**Lunch:** Based on your students' preferences and if you would like to give your Mechanical Soft diet additional options, you may serve the following in addition to entrée 1 or in place of it:

1. When appropriate, offer the 8 oz. Yogurt (CMS #7107-DW/#9016-DB and Crackers).
2. Manager's Choice (Sandwich) Daily Options: You can offer any of the following: Yellow Submarine Sandwich (R0771), Turkey Breast & Cheese Sandwich (R0911), Tuna Sandwich (R5619), Toasted Cheese Sandwich (R1086-IW or R1131-scratch) **V**

**Fruit:** Fresh Banana (CMS #3204) **or** Strawberries (CMS #3246, R3332) can be used any time in place of juice or canned fruit.